

## RETURN TO ACTIVITY POLICY:

The medical staff at Wyoming Seminary has the final authority in deciding if and when an injured student-athlete may return to practice and/or competition. Medical staff includes:

Dr. Anistranski, MD  
School Physician

Beth Blaum, RN  
School Nurse

Lisa Mozeleski, MS, ATC  
Head Athletic Trainer

Meghan Iorio, MS, ATC  
Assistant Athletic Trainer

Kim Howanitz, ATC  
Assistant Athletic Trainer

Any student-athlete seen by an off-campus physician must return to the training room for follow-up and final clearance prior to active participation status. Parents must communicate to the medical staff the specifics of medical consultations / diagnosis and recommended treatments from doctors seen under parental auspices off campus. If a student-athlete is under the care of a private physician for an injury or illness and the physician's treatment precludes or alters the activity in interscholastic athletics, the student-athlete must secure, **in writing**, a release from the treating physician to reinstate the student-athlete to full participation.

No student-athlete will be allowed to return to participation until the Wyoming Seminary medical staff has received this release and it is added to the student's medical records. For illness/sickness the final authority for medical clearance of a student-athlete to return to participation is determined by the Wyoming Seminary school nurse.

For head injuries, clearance to return for activity is determined by the Wyoming Seminary certified athletic trainers in conjunction with the treating physician, Sem's school doctor, and our Concussion Return to Play policy.

Wyoming Seminary has the right to restrict or limit a student's athletic participation for medical reasons. The school physician has the final medical authority to restrict or permit return to activity.

