

# EXCOLO--Summary of Requirements

A Wyoming Seminary education is a multifaceted experience consisting of traditional academics and activities designed to develop the whole person. EXCOLO is an integral part of Wyoming Seminary Education. Each Student is expected to fulfill the requirements that apply to him or her.

	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade & Postgraduates
<b>NEW STUDENT</b> Activities	2 credits	2 credits	1 credit	1 credit
Community Service	40 hours total completed by start of 12 <sup>th</sup> grade	40 hours total completed by start of 12 <sup>th</sup> grade	20 hours total completed by start of 12 <sup>th</sup> grade	10 hours total completed by start of spring term
<b>RETURNING STUDENT</b> Activities		2 credits	none	none
Community Service		40 hours total completed by start of 12 <sup>th</sup> grade	40 hours total completed by start of 12 <sup>th</sup> grade	40 hours total completed by start of 12 <sup>th</sup> grade

PHYSICAL EDUCATION
All students are required to earn (1) trimester credit in Physical Education per year.
<b>The Excolo credit in PE would be granted for the following:</b>
~ Receiving a Varsity or JV letter in a sport (managers would not receive PE credit)
~ 1 term of dance, aerobics
~ 1 term of an approved off-site program
~ 1 term of bell 9 PE
~ 1 term of an activity approved by the Excolo Committee

## Credit-Bearing Activities -- As of April 2010

Each activity requires a full year commitment, except drama productions and athletics, which are trimester-length obligations. One credit is given per activity.

### The Arts

Chorale  
Drama productions  
Handbells  
Jazz Band  
Madrigals  
Modern Dance (spring show)  
Instrumental Music  
PAI Civic Orchestra  
Stage Crew  
Wind Ensemble

### Leadership/Service

Action/Awareness  
Blue Key  
Government  
Library Advisory Board  
PDSC Snack Bar  
Peer Group  
Peer Writing Lab  
Resident Assistant  
Student Activity Committee

### Publications/Clubs

*The Wyoming*  
*The Opinator*  
Art Club  
Chess Club  
FBLA  
French Club  
IT Club  
Improv Club  
International Club  
Junior Statesmen  
Math Club  
Media Club  
Medical Club  
Mock Trial  
Model U.N.  
Photography Club  
Rocket Club  
SADD  
Science Research Group  
Spanish Club  
Tae Kwon Do

### Athletics

<i>Boys</i>	<i>Girls</i>
Baseball	Field Hockey
Basketball	Basketball
Cross Country	Cross Country
Golf	Golf
Ice Hockey	Ice Hockey
Lacrosse	Lacrosse
Soccer	Soccer
Swimming	Swimming
Tennis	Tennis
Football	Softball
Wrestling	