
























	Monday 3-Sep	Tuesday 4-Sep	Wednesday 5-Sep	Thursday 6-Sep	Friday 7-Sep	Saturday 8-Sep	Sunday 9-Sep
	 <b>Cage Free Scrambled Eggs</b> <b>Turkey Sausage</b> <b>Sausage on a Stick</b> <b>Tri Taters</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Crisp Bacon</b> <b>Bananas Foster French Toast</b> <b>Crispy Cubes</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Country Links</b> <b>Bacon/ Cheese/ Egg McMuffin</b> <b>Home Fried Potatoes</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Country Style Patties</b> <b>Cinnamon Sugar Biscuits</b> <b>Shredded Hash Browns</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Turkey Bacon</b> <b>Sausage/ Egg/ Cheese Bagel</b> <b>Home Fries w/ Roasted Peppers</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Crisp Bacon</b> <b>Chocolate Chip Pancakes</b> <b>Tri Taters</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	 <b>Cage Free Scrambled Eggs</b> <b>Sausage Links</b> <b>French Toast Sticks</b> <b>Sliced Potatoes w/ Scallions</b> Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit
	 Walnut Chicken  General Tso's Cauliflower  Fried Rice  Teriyaki Broccoli & Baby Corn  Vegetable Egg Rolls	 Meatball Sub  Ricotta/ Pea & Leek Quiche  Red Rice  Green Beans/ Yellow Beans/ Carrots  Squash/ Cauliflower & Mushrooms	 Turkey Americana  Grilled Tofu Steaks w/ Vegetable Succotash  Homemade Potato Chips  Steamed Vegetable Melange  Green Peas	 Chicken Tenders  Cheddar Shells  Creamy Chopped Salad  Stewed Tomatoes  Beans/ Broccoli/ Spinach	 Philly Cheese Steak Wraps  Beer Battered Cod Loin  Tater Tots  Sautéed Vegetables  Spinach Salad	<b>Brunch Items Available</b>	<b>Brunch Items Available</b>
	 <b>~Pasta Bar~</b> Pasta w/ Marinara/ Vodka Sauce	 <b>~Chopping Block~</b> Romaine/Cucumber/Tomato/Red Onion/Crispy Pita/Sumac/Lemon Juice	 <b>~International Cuisine~</b> Menemen/ Köfte/ Pilav	 <b>~Pasta Bar~</b> Pasta w/ Marinara/ Vodka Sauce	 <b>~Pasta Bar~</b> Pasta w/ Marinara/ Vodka Sauce		
	 <b>~Super Natural Salads~</b> Teriyaki Hummus w/ Sesame Crackers Miso Tofu Salad Spicy Carrot Salad Macaroni Salad	 <b>~Super Natural Salads~</b> French Onion Dip w/ Chips Spicy Carrot Salad Squash Orzo & Feta Salad Buffalo Chicken Pasta Salad	 <b>~Super Natural Salads~</b> Cilantro Lime Guacamole w/ Tortillas Squash Orzo & Feta Salad Avocado Corn Salad Crunchy Bacon Slaw	 <b>~Metz Core Bowl~</b> Kale/ Tomatoes/ Corn Shrimp/ Beans Mushrooms/ Sunflower Kernels	 <b>~Super Natural Salads~</b> Sundried Tomato Hummus w/ Pita Mango Quinoa Salad Fattoush Salad Ambrosia Salad		
	 <b>~Labor Day Picnic~</b> Grilled Burgers/ Dogs/ Fried Chicken Veggie Burgers/ Baked Beans/ Corn Salads/ Fresh Fruit Watermelon/ Ice Cream	 Pork Filet w/ White Wine/ Tomatoes/ Cavers & Coriander Baked Creamy Garlic Rigatoni Roasted Potatoes Basil Green Beans	 Roasted Chicken Pretzel Crusted Tilapia w/ Roasted Tomato Remoulade Brown Butter & Garlic Angel Hair Cauliflower/ Carrots/ Eggplant	 <b>~Family Style Service~</b> Roasted Eye Round w/ Mushroom Sauce Whole Vegetable Curry Stew, Wheat Cous Cous Mashed Potatoes w/ Chives Corn	 Sofrito Chicken BBQ Chickpea & Cauliflower Flatbreads with Avocado Mash Wild Rice w/ Scallions Cajun Zucchini Spears	 Chimichurri Flank Steak Penne w/ Vegetable Tomato Sauce Curly Fries Cheesy Broccoli Florets	 Chicken Mamma Mia Manicotti Brown Rice Pilaf Garden Vegetables
	 Ham & Bean Cream of Mushroom	 Turkey Noodle Vegetable Lentil	 Piggy Soup Crab Bisque	 Ginger Garlic Chicken Rice Cream of Red Potato	 Beef Mushroom Cajun Shrimp & Clam Chowder	<b>Chef's Choice</b>	<b>Chef's Choice</b>
	 <b>Vegetarian</b>	 <b>Vegan</b>	 <b>Live Well</b>	 <b>Super Naturals</b>	 <b>Shellfish</b>	 <b>Contains Tree Nuts</b>	 <b>Locally Sourced Food Items</b>