

Wyoming Seminary Lower School Spring Semester Menu

	Monday 18-Feb	Tuesday 19-Feb	Wednesday 20-Feb	Thursday 21-Feb	Friday 22-Feb
	 Radiatore Bruschetta	Meatball Sub	Cheeseburger	Chicken Parmesan	 Pierogies w/ Onions
	 Roasted Squash & Cauliflower w/ Carrots	 Sautéed Vegetables	 Fresh Vegetables	 Ratatouille	 Broccoli & Carrots
	Boneless Chicken Wings	 Grilled Cheese	 Fish Tacos w/ Creamy Slaw	Spaghetti Marinara	 Cheese Pizza
	 Brown Rice Pilaf	 Chopped Italian Salad	 Crunchy Potatoes	 Garlic Bread	 Pepperoni Pizza
	Turkey	Turkey	Turkey	Turkey	Turkey
	Roast Beef	Ham	Bologna	Pulled Chicken	Salami
	Cheddar	Swiss	Pepperjack	American	Swiss
Pre-made Sandwich	 ~Peanut Butter Wrap~ Peanut Butter/ Banana/ Honey in a Wrap	 ~Rajun Cajun~ Ham/ Turkey/ Bacon/ Pepper Jack/ L/T/O/ Cajun Aioli on a Sub Roll	 ~Chicken Caesar Wrap~ Julienne Chicken/ Lettuce/ Parmesan/ Caesar Dressing	 ~Italian Sub~ Ham/ Salami/ Pepperoni/ Provolone/ L&T/ Herbs/ Italian Dressing	 ~Meatlovers Sub~ Turkey/ Roast Beef/ Salami/ Ham/ Pepperoni/ L&T/ Mayo
	 Cream of Mushroom	 Tomato Soup	 Chicken Noodle	 Minestrone	 Cream of Broccoli
 	 Tomato Mozzarella Salad	 Three Bean Salad	 Fruit Cocktail	 Bruschetta Pasta Salad	 Potato Egg Salad
	 Egg Salad	 Chicken Salad	 Quinoa	 Julienne Pepperoni	 Tuna Salad
	Vanilla Oreo Cups	Churros	Apple Crumb Pie	Snickerdoodles	Cookies
 Vegan	 Vegetarian	 Locally Sourced	 Live Well	 Contains Shellfish	 Contains Tree Nuts

*Individual Cereals, Bagels, Peanut Butter & Jelly, Steamed Jasmine Rice, Full Salad Bar, Condiment Area - offered daily

**Drink Station: Iced Tea, Lemonade, Raspberry Tea, Ice Water Drink Decanters

***Carton Beverages: FF Chocolate, 2% White Milk, Fat Free Milk, Apple Drink, Orange Drink, Fruit Punch

****Consumer Advisory - all foods are cooked to the required minimum temperature

