

Wyoming Seminary Lower School Spring Semester Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	14-May	15-May	16-May	17-May	18-May
	Fried Chicken 	Cheddar Shells 	Shrimp Tacos, Mango Salsa 	Stuffed Shells, Tomato Chutney	Beefaroni
	 Mashed Sweet Potatoes	 Stewed Tomatoes 	Low Country Red Rice	 Roasted Cauliflower	 Normandy Vegetables
	 Rigatoni Alfredo	Sausage & Peppers Sub 	Chicken Fajitas 	Grilled Cheese  	Cheese Pizza
	 Fresh Veggies	 Baby Green Salad	Santa Fe Corn Blend 	 Tater Tots	Sausage Pizza
	Turkey	Turkey	Turkey	Turkey	Turkey
	Salami	Ham	Roast Beef	Salami	Ham
	American	Cheddar	American	Pepper Jack	Cheddar
Pre-made Sandwich	~Buffalo Chicken Salad~ American Cheese/ L&T in a Wrap	~Charlie Tuna Ciabatta~ Tuna Salad/ Pepper Jack/ Banana Peppers/ Chips/ L&T	 ~Lettuce Wraps~ Pickled Vegetables/ Lettuce Leaves	~Ham Croissant~ Shaved Ham/ Apricot Dijon/ Swiss/ L&T/ Croissant	 ~Caesar on a Bagel~ Romaine/ Tomatoes/ Red Onion/ Parmesan/ Caesar Dressing/ Everything Bagel
	Italian Chicken Noodle	Ham & Bean	Taco Soup	Cheesy Vegetable Soup 	New England Clam Chowder
	 Ambrosia	 Peaches	 Three Bean Salad	 Mac Salad	 Peaches n Crème
 	Julienne Chicken	Tuna Salad	 Deviled Eggs	Antipasto Salad	Egg Salad
	Worms & Dirt	Blueberry Pie	Cookies	Funnel Cake	Chocolate Cherry Pie
 Vegan	 Vegetarian	 Locally Sourced	 Live Well	 Contains Shellfish	 Contains Tree Nuts

*Individual Cereals, Bagels, Peanut Butter & Jelly, Steamed Jasmine Rice, Full Salad Bar, Condiment Area - offered daily

**Drink Station: Iced Tea, Lemonade, Raspberry Tea, Ice Water Drink Decanters

***Carton Beverages: FF Chocolate, 2% White Milk, Fat Free Milk, Apple Drink, Orange Drink, Fruit Punch

****Consumer Advisory - all foods are cooked to the required minimum temperature

