














	Monday 8-Oct	Tuesday 9-Oct	Wednesday 10-Oct	Thursday 11-Oct	Friday 12-Oct	Saturday 13-Oct	Sunday 14-Oct
	Cage Free Scrambled Eggs Turkey Sausage Pancakes Tri Taters Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	Cage Free Scrambled Eggs Crisp Bacon Bananas Foster French Toast Crispy Cubes Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	Cage Free Scrambled Eggs Country Links Bacon/ Cheese/ Egg McMuffin Home Fried Potatoes Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	Cage Free Scrambled Eggs Country Style Patties Cinnamon Sugar Biscuits Shredded Hash Browns Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	Cage Free Scrambled Eggs Turkey Bacon Sausage/ Egg/ Cheese Bagel Home Fries w/ Roasted Peppers Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit	Continental	Cage Free Scrambled Eggs Sausage Links French Toast Sticks Sliced Potatoes w/ Scallions Yogurt Bar/ Fruit Toppings/ Granola Fresh In-House Bakery Selections Scones/ Muffins/ Danish/ Pastries Oatmeal/ Cereal/ Donuts/ Fruit
	Brunch Items Available	Meatball & Sausage Sub Ricotta/ Pea & Leek Quiche Red Rice Green Beans/ Yellow Beans/ Carrots Squash/ Cauliflower & Mushrooms	Turkey Americana Grilled Tofu Steaks of Vegetable Succotash Homemade Potato Chips Steamed Vegetable Mèlange Green Peas	Chicken Tenders Cheddar Shells Creamy Chopped Salad Stewed Tomatoes Beans/ Broccoli/ Spinach	Chicken & Broccoli Rainbow Noodles Vegetable Fried Rice Sautéed Vegetables Spring Rolls	Tailgate Picnic Maple Ave	Brunch Items Available
		-Pasta Bar- Pasta w/ Marinara/ Vodka Sauce	-International Cuisine- Menemen/ Pilaw	-Pasta Bar- Pasta w/ Marinara/ Vodka Sauce	-Chopping Block- Romaine/Cucumber/Tomato/Red Onion/Crispy Pita/Sumac/Lemon Juice		
		-Super Natural Salads- French Onion Dip w/ Chips Spicy Carrot Salad Squash Orzo & Feta Salad Buffalo Chicken Pasta Salad	-Super Natural Salads- Cilantro Lime Guacamole w/ Tortillas Squash Orzo & Feta Salad Avocado Corn Salad Crunchy Bacon Slaw	-Metz Core Bowl- Kale/ Tomatoes/ Corn Shrimp/ Beans Mushrooms/ Sunflower Kernels	-Super Natural Salads- Sundried Tomato Hummus w/ Pita Mango Quinoa Salad Caprese Salad Red Skin Potato Salad		
	Honey Apricot Chicken Pasta w/ Vodka Sauce Garlic Rice Blend Fresh Vegetables	Pork Filet w/ White Wine/ Tomatoes/ Cavers & Coriander Baked Creamy Garlic Rigatoni Roasted Potatoes Basil Green Beans	Roasted Chicken Pretzel Crusted Tilapia w/ Roasted Tomato Remoulade Brown Butter & Garlic Angel Hair Cauliflower/ Carrots/ Eggplant	-Family Style Service- Meatloaf & Gravy Vegetable Curry Stew, Whole Wheat Cous Cous Mashed Potatoes w/ Chives Corn	Chicken Franchise Swai Fillet Americana Roasted Potatoes/ Vegetables Self Serve Pasta Bar	Chimichurri Flank Steak Penne w/ Vegetable Tomato Sauce Curly Fries Cheesy Broccoli Florets	Chicken Mamma Mia Manicotti Brown Rice Pilaf Garden Vegetables
	Chef's Choice	Turkey Noodle Vegetable Lentil	Piggy Soup Crab Bisque	Ginger Garlic Chicken Rice Cream of Red Potato	Beef Mushroom Cajun Shrimp & Clam Chowder	Chef's Choice	Chef's Choice
	 Vegetarian	 Vegan	 Live Well	 Super Naturals	 Shellfish	 Contains Tree Nuts	 Locally Sourced Food Items