




























































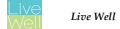

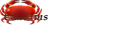
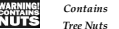

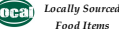


Week 8 Breakfast, Lunch & Dinner Menu

	Monday 18-Oct	Tuesday 19-Oct	Wednesday 20-Oct	Thursday 21-Oct	Friday 22-Oct	Saturday 23-Oct	Sunday 24-Oct
	   Cage Free Scrambled Eggs Pork Sausage Bacon/ Egg/ Cheese Croissant Hash Brown Patties Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Oatmeal/ Cereal/ Donuts Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Crispy Bacon Pancakes Tri Taters Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Oatmeal/ Cereal/ Donuts Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Turkey Sausage Links Sausage/ Egg/ Cheese Sandwich Breakfast Potatoes Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Oatmeal/ Cereal/ Donuts Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Pork Sausage Patty Waffle Sticks Hash Brown Patties Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Oatmeal/ Cereal/ Donuts Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Turkey Bacon Ham/ Egg/ Cheese Croissant Hash Brown Patties Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Oatmeal/ Cereal/ Donuts Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Smoked Bacon Waffles Shredded Hash Browns Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Cereal/ Grapefruit/ Hand Fruit Breakfast Breads & Pastries	   Cage Free Scrambled Eggs Pork Sausage Links Pancakes Tater Tots Yogurt Bar/ Fruit Toppings/ Granola Danish/ Scones & Muffins Cereal/ Grapefruit/ Hand Fruit Breakfast Breads & Pastries
	 Shepherd's Pie Vegan Stuffed Peppers Super Food Salad Garlicky Spinach	 Nashville Hot Chicken Sandwich Citrus Herb Cod Tater Tots Steamed Broccoli	 Italian Porchetta Sundried Tomato Farfalle Rosemary Potatoes Broccoli Rabe	 Build & Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes/ Gravy Corn/ Bacon Tilapia Provençal Hot Ham & Cheese Sandwich Roasted Veggie Ciabatta House BBQ Chips	 Meatball Sub Tortellini Italian Mixed Salad Mixed Vegetables	Brunch Items Available	
	 Grilled Chicken Parmesan Sandwich Grilled Portobello Sandwich Grilled Chicken Breast Super Food Salad	 Nashville Hot Chicken Sandwich Garden Burger Grilled Chicken Breast Tater Tots	 Sloppy Joes Veggie Flatbread Grilled Chicken Breast House Chips	 Build & Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes/ Gravy Corn/ Bacon Tilapia Provençal Hot Ham & Cheese Sandwich Roasted Veggie Ciabatta House BBQ Chips	 Bratwurst Pierogies w/ Onions Grilled Chicken Breast Potato Pancakes		
	-Pasta Bar- Pasta w/ Marinara/ Vodka						
	Mixed Greens/ Fresh, Organic & Local Vegetables/Variety of Regular & Low Fat Dressings						
	 -Salad Bar- Marinated Grapefruit & Mango Lentil Salad w/ Apple & Fennel Fresh Fruit/ Spinach	 -Salad Bar- Tri Color Quinoa Tabouleh California Pasta Salad Fresh Fruit/ Spinach	 -Salad Bar- Roasted Mushroom & Tomato Salad Potato Salad Fresh Fruit/ Spinach	 -Salad Bar- Spinach Gomaee Salad Sundried Tomato & Red Jasmine Rice Salad Fresh Fruit/ Spinach	 -Salad Bar- Carrot Garbanzo Salad w/ Dill Greek Tortellini Salad Fresh Fruit/ Spinach		
	A Selection of Fresh Deli Meats & Cheeses Offered Daily/ Locally Sourced Breads & Rolls						
	 Pork Tikka Masala Pan Fried Eggplant Curry Indian Harvest Blend Rice Sautéed Squash	 Greek Marinated Turkey Seafood Scampi Potato Mash Steamed Green Beans	 -Oktoberfest- Pork Schnitzel w/ Mushrooms & Mustard Roasted Cauliflower Chicken Thighs Käsespätzle- Cheesy Spaetzle Braised Red Cabbage w/ Applesauce	 Boneless Chicken Wings Cauliflower Buffalo Wings Steak Fries Roasted Vegetables	 Cheese Pizza Pepperoni Pizza Lemon Pepper Broccoli Chopped Salad	 BBQ Chicken Caprese Stuffed Shells Wild Rice Pilaf Fresh Vegetables	 Hoisin BBQ Pork Ribs Vegetable Lo Mein Jasmine Rice Grilled Bok Choy
	-Pasta Bar- Pasta w/ Marinara/ Vodka Sauce						
	 Chicken Corn Chowder Italian Garbanzo Bean Soup	 Country Vegetable & Beef Soup Sweet Red Pepper Bisque	 Turkey Noodle Sweet Potato Vegetable	 -Mashed Potato Bar- Country Style Mashed/ Bacon/ Cheddar/ Gravy/ Scallions/ Sour Cream American Bounty Vegetable	 -Pasta Bar- Pasta w/ Marinara/ Vodka Sauce Seafod Cioppino Vegetable Lentil	Chef's Choice	
Rice Station	Jasmine Rice Station- Featuring a Variety of Spices & Sauces to Build Your Own Rice Bowl						
Beverages	2% Milk/ Skim Milk/ Low Fat Chocolate Milk/ Vanilla Soy/ Chocolate Soy/ Coffee & Tea Station/ Flavored Water Station/ Juice Machine/ Fountain Machine Featuring Teas & Juices						
 Vegetarian	 Vegan	 Gluten Free	 Live Well	 Organic	 Eggs	 Shellfish	 Contains Tree Nuts
						 Locally Sourced Food Items	